INITIAL COMPETENCY ASSESSMENT

Andrew Rader U.S. Army Health Clinic, Fort Myer, VA: FluMist Administration

Patient Population Served: ☐ School Age (9-12) ☐ Adolescents (13-17) ☐ Adults (18-49)

Employee Name: _____ Assessment Start Date: _____ Completion Date: _____

Required Competency or Skill	* Self Assess	Orientation (Preceptor initials & date)	+ Eval Method	Competency Validated by Supervisor (Signature & date)	Comments/Additional Resources
Patient Care Procedures for LPNs and RNs	**CRITICAL THINKING**: ***Recognizes unique needs of patients of age groups 9-49 and performs FluMist administration accordingly. Gathers age and diagnosis appropriate supplies and equipment. Explains all procedures in an age appropriate manner according to the level of understanding of the child and the parent/guardian. Approaches child in non-threatening manner and comforts at completion.***				
A. Understands the actions, implications, precautions and age groups for administration of FluMist:					
(1) Information sheet read and signed					
(2) Clinic policy regarding children under age 18 must be accompanied by parent or legal guardian					
(3) Familiarity with CDC FluMist handout and MedImmune medication information					
(4) Provides patient VIS (Vaccination Information Statement) sheet to read					
(5) Documentation of Lot Number					
(6) Viewed MedImmune administration video					
B. Understands importance of the care and handling of FluMist Live virus					
(1) Must keep frozen until use					
(2) Must be used within 60 hours (refrigerated)					
(3) May be defrosted by holding in palm of hand and supporting plunger					
(4) Gloves and washes hands between each procedure					
C. Demonstrates proper technique for administration of FluMist					
(1) Remove rubber tip protector					
(2) Patients sits upright, head back, tip inside nostril , depress plunger					
(3) Pinch and remove dose divider clip					
(4) Insert remaining FluMist into other nostril and depress					
(5) See back for diagrams/pictures					
D. Demonstrates ability to recognize signs and symptoms and react to a patient experiencing an anaphylactic reaction					
(1) Positions patient on a litter in treatment room					
(2) Monitors vital signs					
(3) Assesses breathing					
(4) Calls for assistance and administers epinephrine					

* Self Assessment:
1 = Experience
2 = Needs Practice/Assistance
3 = Never Done
NA = Not Applicable

+ Evaluation/Validation Methodologies:
T = Tests
D = Demonstration/Observation
V = Verbal
I = Interactive Class

Clinical Skills Reference:
The Lippincott Manual of Nursing Practice
Lippincott-Raven Publishers
Sixth Edition , 1999

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E. Demonstrates care and treatment of a patient with a vasovagal reaction					
(1) Position patient on a litter					
(2) Monitors vital signs					
(3) Assess breathing					
(4) Administer ammonia inhalant					
F. Explains FluMist procedure and policy for waiting in clinic for 15 minutes					
G. Demonstrates proper disposal					
(1) Sprayer is disposed of in rigid sharps container					

Preceptor's Initials: _____ Printed Name: _____ Signature: _____

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I understand the topics listed, I will be allowed to perform only those for my skill level/scope of practice and only after I have successfully demonstrated competency.

Employee Signature: _____ Date:_____

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